

Mark A. Carlson

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Objective

While continuing my education, it is my goal to obtain a challenging nursing position where my medical, professional, and life experience will be fully utilized.

Education

Honors Graduate, Merced High School, Merced, California

Associate of Science: Nursing, Dean's List, Modesto Junior College, Allied Health Nursing Class of 2006

Professional Experience

RN II, Texas Health Resources, various Entities - May 2014 – April 2019

- **Emergency Room**

- Assess and triage patients per ESI triage algorithm
- Assess and plan care for ill and injured patients in a busy ER setting.
- Chart frequently on patient condition as assessed at regular intervals.
- Insert new and assess existing peripheral IVs - manage various IV drips and their titration.
- Assess tracings for life-threatening EKG rhythms and rapid implementation of appropriate protocols upon recognition.
- Communicate assessment findings with appropriate ED staff and medical teams.
- Provide wound care, dressing changes as ordered/appropriate.
- Apply Advanced Life Support protocols to code-blue patients.

Accomplishments and Recognition

- Rose Award Nominee, 2016 and 2017
- Unit Based Council (UBC), Emergency Room Co-chair

Staff Nurse III, Sutter Memorial Medical Center, Modesto – May 2006 to December 2013

- **Intensive Care Unit / CCU** (May 2006 to December 2013, Nights)
 - Assessed and planned care for critically ill, injured, and hemodynamically unstable patients in 48 bed ICU/CCU.
 - Planned, monitored and provided care for various patients including trauma, neuro-trauma, cardio-thoracic, renal, and hepatic patients.
 - Monitored specialized therapies and equipment including ICP transducers, CRRT machines, Vigileo monitors, and EKOS machines.
 - Assessed, monitored, and provided all phases of nursing care, including recovery, to various post-surgical patients including those who had CABG, trauma, CEA, and various abdominal procedures.
 - Worked with multidisciplinary staff as Trauma Case Manager to ensure all of a trauma patient's needs were met during acute phase of recovery.
 - Monitored ventilators and collaborated with Respiratory Therapists regarding patient care.
 - Member of code-blue and Rapid Assessment Treatment Team (RATT Team)
 - Relief charge nurse

License, Certifications and Special Skills

- Registered Nurse, Texas BON
- Current BLS, ACLS, PALS, TNCC certifications
- Certified Rescue Diver / Dive Master, Professional Association of Dive Instructors
- Exceptional skill with all components of Microsoft Office, Adobe Photoshop, and other applications.
- Moderate proficiency with Spanish and medical Spanish.

Community Service and Interests

- President of the Board, Arnold Lilac Park Homeowners Association, Arnold, California (11/10 – 06/13)
- Program Supervisor/Adjunct Instructor – Modesto Junior College, Motorcycle Training Program (03/04 – 09/2010)
- Rescue Scuba Diver / Crew – Monterey Express Dive Charters, Monterey, California (02/01 – 10/05)
- Sponsor and Supporter of *Ride for Mom*, an organization committed to promoting health through proper diet and exercise. (01/12 – present)

Hobbies

I enjoy scuba diving, motorcycle riding, fishing, and spending time with my family.